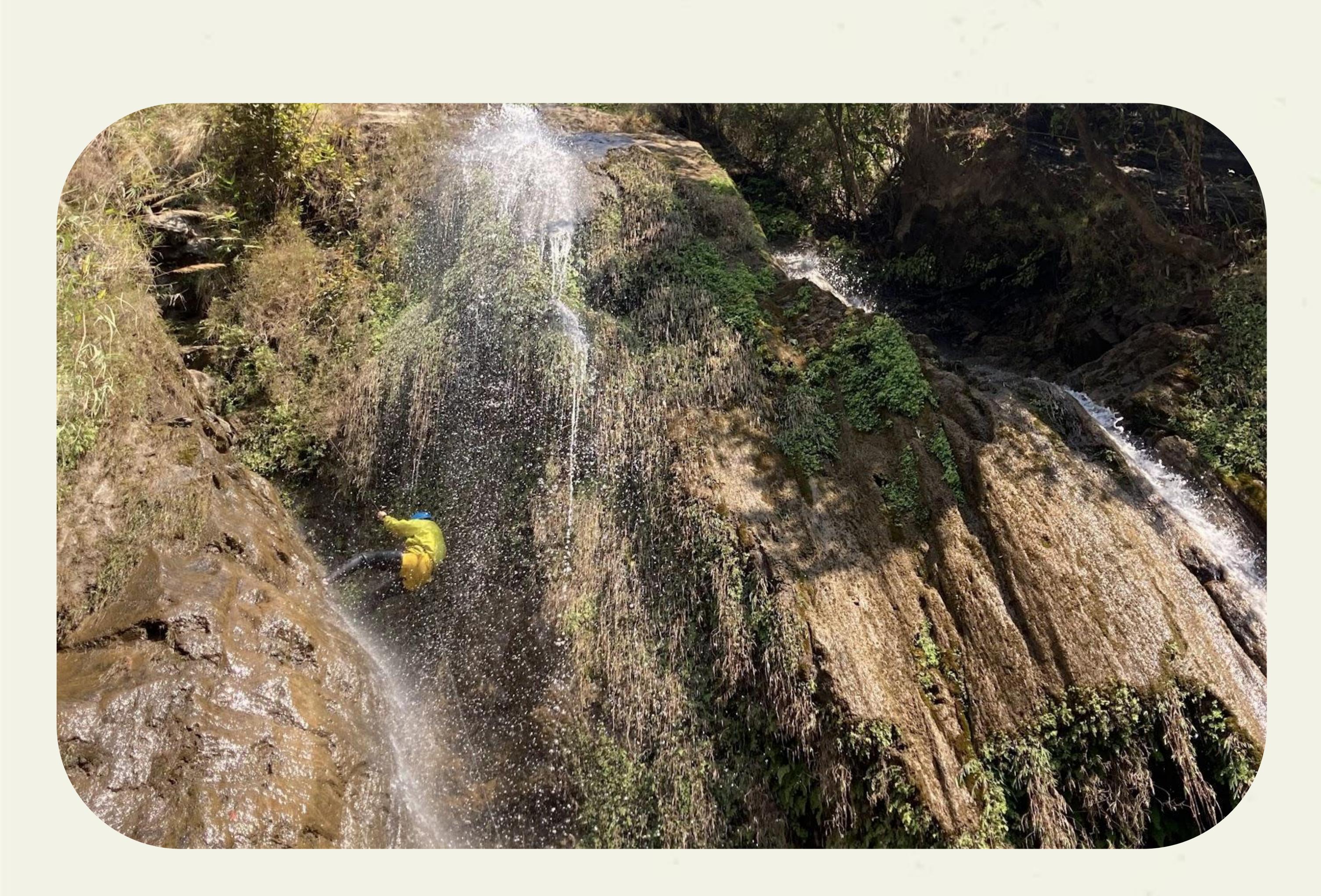


## Dubai International Academy 10-15 February 2025

# Day Activities Arrive at Tribhuvan Intl. Airport. Trip orientation. Dinner in Thamel, Kathmandu.

- Travel to The Last Resort.
- 2 Team building games
  - Bollywood dance session.
  - Community engagement project.
- 3 Cooking lesson.
  - Reflection activity.









Activitie

- Rock climbing.
- Waterfall canyoneering.
- White water rafting.
- Bhaktapur tour and exploration.
- Dinner out in Bhaktapur.
- UNESCO site Boudha.
- Trip reflection and end.
  - Depart at Tribhuvan Intl. Airport



### Ethos

To provide experiences that empower students to become autonomous, competent, and connected adventurers who can have a positive impact on others, their community, and the environment.

### Overview

Ecoventure programs are designed to be exciting and educational. Students gain increased personal awareness and a great appreciation for the outdoors. Our Nepal program provides students with pieces to make the perfect trip. Students will engage with local students, explore Kathmandu and Bhaktapur, and join in on one-of-a-kind activities such as waterfall abseiling.

### Accommodation Facilities

Students will stay in two locations throughout this program. Whilst exploring Kathmandu and Thamel, students will stay at The Kailash Kuttee.. While at The Last Resort, students will stay in permanently pitched tents at the purpose-built adventure centre.



### Food

The staple dish for most Nepalis is dhal bhat, or dhal and rice. Don't be surprised to see this at most meals but there will always be other options. Most meals will include traditional Nepali dishes with Western options. As Nepal is not a Muslim country, we cannot guarantee all meat is Halal. However, vegetarian options are provided at every mean and most dietary requirements can be catered for, provided we are advised in advance.

### Safety

All Ecoventure staff are first aid trained. We work with local partners to ensure we have the most up-to-date local knowledge. Our student to instructor ratios are kept low to ensure safety at all times.

## Personal Impact

Reduce dependence on social media.

Develop interpersonal connections.

Foster a sense of achievement and independence.

Expand comfort zones.